

## Proper Equipment

To play your best, you need the proper equipment. Baseball glove, bat, and cleats are all part of the game. Be sure each piece of equipment fits properly to make playing more enjoyable.



### The Glove

Finding a glove that best suits your needs is mostly based on how it feels to you. A glove that is flexible usually has soft leather and is easier to squeeze. Condition your glove with glove oil to make it more pliable and ready for action. Gloves with a deep pocket make it tough to turn a double play because the ball gets lost in the pocket. Second basemen usually have the smallest gloves of all the fielders while shortstops will have slightly bigger gloves than second basemen. A good baseball glove mainly has to feel right to you.

When properly adjusted, a glove should fit fairly snugly. Allow room for a batting glove. It is a good idea for most players to wear a batting glove inside their fielder's glove to absorb moisture.

Age	Position	Glove Size
5-6	General	10 to 10 1/2 (youth model)
7-8	General	10 1/2 to 11 (youth model)
9-12	General	11 to 11 1/2 (youth model)
Junior/Senior	Infield	11 to 11 1/2
Junior/Senior	Outfield	12 to 12 1/2

### The Bat

Selecting a bat for a little leaguer requires consideration of two things - length and weight. The longer and heavier a bat is, the more strength is required to bring the bat around during a swing. Use the charts below as a reference for determining the proper bat length and weight. T-Ball (ages 5-6), bats made specifically for T-ball should be used.

### Bat Weight

Little League Players	
Player Height (Age 7-10)	Bat Weight
48-50"	16-17 oz.
51-54"	17-18 oz.
55-59"	18-19 oz.
60+ "	19-21 oz.
Player Weight (Age 10-12)	Bat Weight
71-100 lbs.	19-20 oz.
101-120 lbs.	20-21 oz.
121-140 lbs.	21-22 oz.
141+ lbs.	22-23 oz.

## Bat Length

BATTER'S HEIGHT		3'-3¼"	3'5"-3'8"	3'9"-4'	4'1"-4'4"	4'5"-4'8"	4'9"-5'	5'1"-5'4"	5'5"-5'8"	5'9"-6'	6'1"-over
<b>BATTER'S WEIGHT</b>	under 60lbs	26"	26"	28"	29"	29"	-	-	-	-	-
	61-70	27"	27"	28"	29"	30"	30"	-	-	-	-
	71-80	-	28"	28"	29"	30"	30"	31"	-	-	-
	81-90	-	28"	29"	29"	30"	30"	31"	32"	-	-
	91-100	-	28"	29"	30"	30"	31"	31"	32"	-	-
	101-110	-	29"	29"	30"	30"	31"	31"	32"	-	-
	111-120	-	29"	29"	30"	30"	31"	31"	32"	-	-
	121-130	-	29"	30"	30"	30"	31"	32"	33"	33"	-
	131-140	-	29"	30"	30"	31"	31"	32"	33"	33"	-
	141-150	-	-	30"	30"	31"	31"	32"	33"	33"	-
	151-160	-	-	30"	31"	31"	32"	32"	33"	33"	33"
	161-170	-	-	-	31"	31"	32"	32"	33"	33"	34"
	171-180	-	-	-	-	-	32"	33"	33"	34"	34"
	over 180	-	-	-	-	-	-	33"	33"	34"	34"